



**Bachelor of Science: Exercise Science, Physical Education  
 and Recreation: General Exercise Science**  
**Transfer Guide – Pikes Peak Community College Students**  
**Transferring to: Colorado State University Pueblo**  
**Effective starting 2022**

**I. General Education Courses**

	<b>Credit Hours</b>	<b>Community College Course Number and Title or gtPathways Category</b>	<b>CSU Pueblo Course (credits)</b>
Written Communication	6	ENG 121/1021: English Composition I (GT-CO1) ENG 122/1022: English Composition II (GT-CO2)	ENG 101, 3 credits ENG 102, 3 credits
Mathematics	3	One gtPathways Mathematics 1340 ( <a href="#">GT-MA1</a> ) OR MATH 1260	MATH 120 or Math 156, 3 credits
Arts & Humanities	9	Three gtPathways Arts & Humanities courses from two different areas ( <a href="#">GT-AH1</a> , <a href="#">GT-AH2</a> , <a href="#">GT-AH3</a> , or <a href="#">GT-AH4</a> ); COM 115/1150: Public Speaking	6 credits and CID 103, 3 credits
Social & Behavioral Sciences	6	Two gtPathways Social & Behavioral Science courses from two different areas ( <a href="#">GT-SS1</a> , <a href="#">GT-SS2</a> , or <a href="#">GT-SS3</a> ) COM 220/2300 or SOC 218/2018 and PSY 235/2440	PSYC 151, 3 credits SS, 3 credits
History	3	One gtPathways History course ( <a href="#">GT-HI1</a> )	3 credits
Natural & Physical Sciences	8	Two gtPathways Science courses ( <a href="#">GT-SC1</a> ) BIO 201/2101 Human Physiology & Anatomy I/Lab BIO 202/2102 Human Physiology & Anatomy II/Lab	BIOL 223/L, 4 credits BIOL 224/L, 4 credits
<b>Credits</b>	<b>35</b>		<b>35</b>

**II. Required Courses**

<b>Credit Hours</b>	<b>Community College Course Number and Title</b>	<b>CSU Pueblo Course (credits)</b>
3	HWE 100/1050, Human Nutrition	BIOL 112, 3 credits
1	HWE 103/1001, Community First Aid and CPR	AT 232, 2 credits
3	HWE 111/1062, Health and Fitness	EPER 162, 3 credits
2	HWE 124/1061, Fitness and Wellness	EPER 104L, 1 credit
3	HWE 125/1065, Intro to Exercise Sciences	EPER 101, 2 credits
3	HWE 256/2064, Health and Wellness Coaching	EPER 222, 3 credits
1	PED 102/1002 Weight Training I	EPER 110L, 1 credit
1	PED 143/1043 Yoga I	EPER 108L, 1 credit
1	PED 144/1044 Yoga II	EPER 208L, 1 credit

1	PED 161/1061 Tai Chi I	EPER 124L, 1 credit
1	PED 163/1063 Martial Arts I	EPER 106L, 1 credit
<b>20</b>	<b>TOTAL REQUIRED COURSE CREDITS</b>	<b>19</b>

### III. Elective and Recommended Courses

“Recommended Courses” means courses that students are strongly encouraged, but not required, to take for preparation in this major and are listed below in priority order.

Credit Hours	Community College Course Number and Title
5	Student chooses, with help from an advisor, from the approved electives list for the community college’s AA or AS or AAS degree. Suggest HPR 117, HWE 237.
<b>60</b>	<b>TOTAL ASSOCIATE DEGREE CREDITS</b>

#### ASSOCIATE OF ARTS OR SCIENCE DEGREE REQUIREMENTS (60 Credits):

Students should note that all required courses must be satisfactorily completed as part of the AA or AS degree at the community college and will also transfer and apply to the bachelor’s degree requirements at the receiving 4-year institution. However, if you’re going to transfer before completing the AA or AS degree, you may not need some of these courses. In that case, check with the receiving institution and an advisor for your options.

#### GUARANTEES & LIMITATIONS

- Completion of Associate’s Degree:** This transfer guide identifies the courses a student needs to complete (with a C- or higher) to earn an AA or AS degree at a Colorado community/junior college in order to be able to finish the designated baccalaureate degree in no more than 60 credits. Per [Colorado Commission on Higher Education \(CCHE\) Policy I, L](#), students who complete an AA or AS degree at a Colorado community/junior college and who are admitted to a Colorado public baccalaureate institution are guaranteed the following: the full transfer and application of a minimum of 60 credits toward the baccalaureate degree requirements at the Colorado institution of higher education; completion of the lower-division component of the receiving institution’s general education core curriculum; and junior standing. Course credit may be applied to major, elective or other requirements at the receiving institution’s discretion. If more than 60 college-level credits are taken or the student gets lower than a C- in one or more courses at the community/junior college, then some loss of transfer credit may occur, and students may not be able to complete this baccalaureate degree in 120 credits.
- Transfer Before Completing the Associate’s Degree:** If the student intends to transfer prior to completing an AA or AS degree, this transfer guide should still be used to identify the courses that can most effectively prepare them for efficiently completing the designated major at the baccalaureate institution to which they are transferring. While not completing the required associate’s degree eliminates the guarantees described here, gtPathways general education courses identified in Section I are guaranteed to transfer and apply to the receiving institution’s gtPathways lower division general education requirements. Students are strongly encouraged to finish course sequences (such as English Comp I & II or Calculus I, II & III) before transferring.

For additional information on CCHE transfer policies and gtPathways guaranteed transfer of general education credit, visit <http://highered.colorado.gov/Academics/Transfers/Students.html>. To file a transfer-related complaint with the Colorado Department of Higher Education, visit <http://highered.colorado.gov/Academics/Complaints/default.html>

The chart shown below illustrates the remaining requirements to complete the BS in General Exercise Science after transferring to CSU Pueblo. 64 semester credits are the maximum amount of transfer credit allowed from two-year institutions. Therefore, the credits shown below **MUST** be completed at CSU Pueblo.

<b>Additional Major Core Course Requirements</b>		
<b>Course Prefix (CSUP)</b>	<b>Course Name</b>	<b>Credits</b>
CIS 103 & 104	PowerPoint and Excel	2
AT 260	Care & Prevention of Injury	3
EPER 162L	Personal Health Lab	1
EPER 343	Research and Statistics	3
EPER 344/344L	Exercise Physiology/Lab	4
EPER 364	Kinesiology	3
EPER 436	Exercise Assessment	3
EPER 461	Managing Programs in EXPER	3
EPER 498	Internship	12
EPER Elective	EPER Electives upper division	12
Electives	Open Electives	14
<b>Total Transfer Credit Applied Toward BS Degree</b>		<b>60</b>
<b>Total Additional Credit Required for BS Degree</b>		<b>60</b>
<b>Total BS Degree Requirements</b>		<b>120</b>